

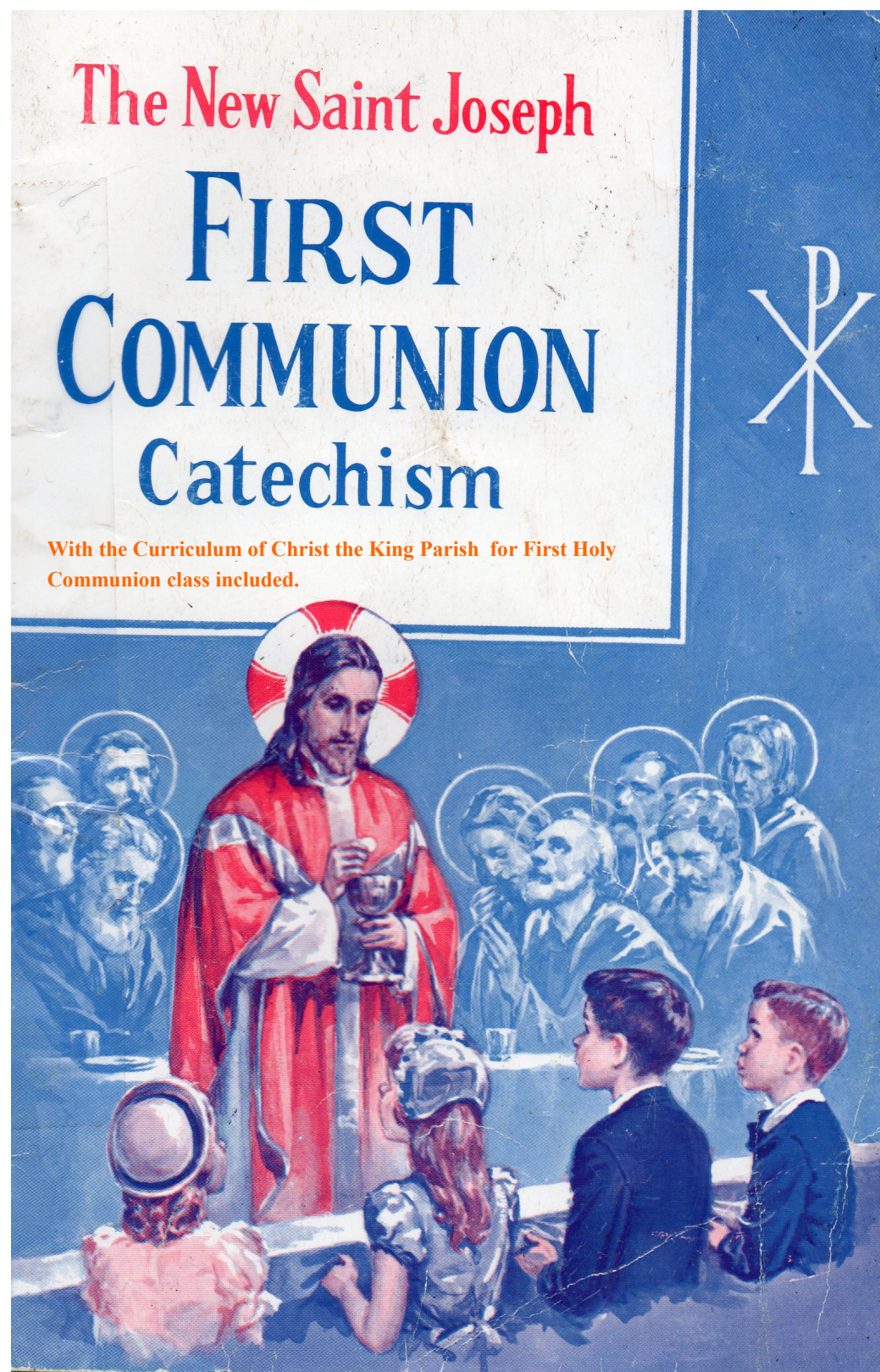


JESUS, meek and humble of heart
make my heart like Your heart.

Mary, Mother of God
show yourself a Mother to me.

Saint Joseph, protector of the Holy Family
protect me in all dangers.

Jesus, Mary, and Joseph
I give You my heart and my soul.





Name _____

I was born on _____

I was Baptized on _____

I was Baptized at _____

I became a child of God.

I will learn how much God loves me.

I will learn how to wash my soul by Confession.

I will learn how to feed my soul by Communion.

THE TEN COMMANDMENTS

1. I AM THE Lord thy God; thou shalt not have strange gods before Me.
2. Thou shalt not take the name of the Lord thy God in vain.
3. Remember thou keep holy the Lord's day.
4. Honor thy father and thy mother.
5. Thou shalt not kill.
6. Thou shalt not commit adultery.
7. Thou shalt not steal.
8. Thou shalt not bear false witness against thy neighbor.
9. Thou shalt not covet* thy neighbor's wife.
10. Thou shalt not covet thy neighbor's goods.

*Covet means to desire in a bad way

THE SEVEN SACRAMENTS

- | | |
|-------------------|--------------------|
| 1. Baptism | 5. Holy Orders |
| 2. Penance | 6. Matrimony |
| 3. Holy Eucharist | 7. Extreme Unction |
| 4. Confirmation | |

This Catechism is made up of the combination of the St. Joseph First Communion Catechism and the First Communion Class Curriculum.

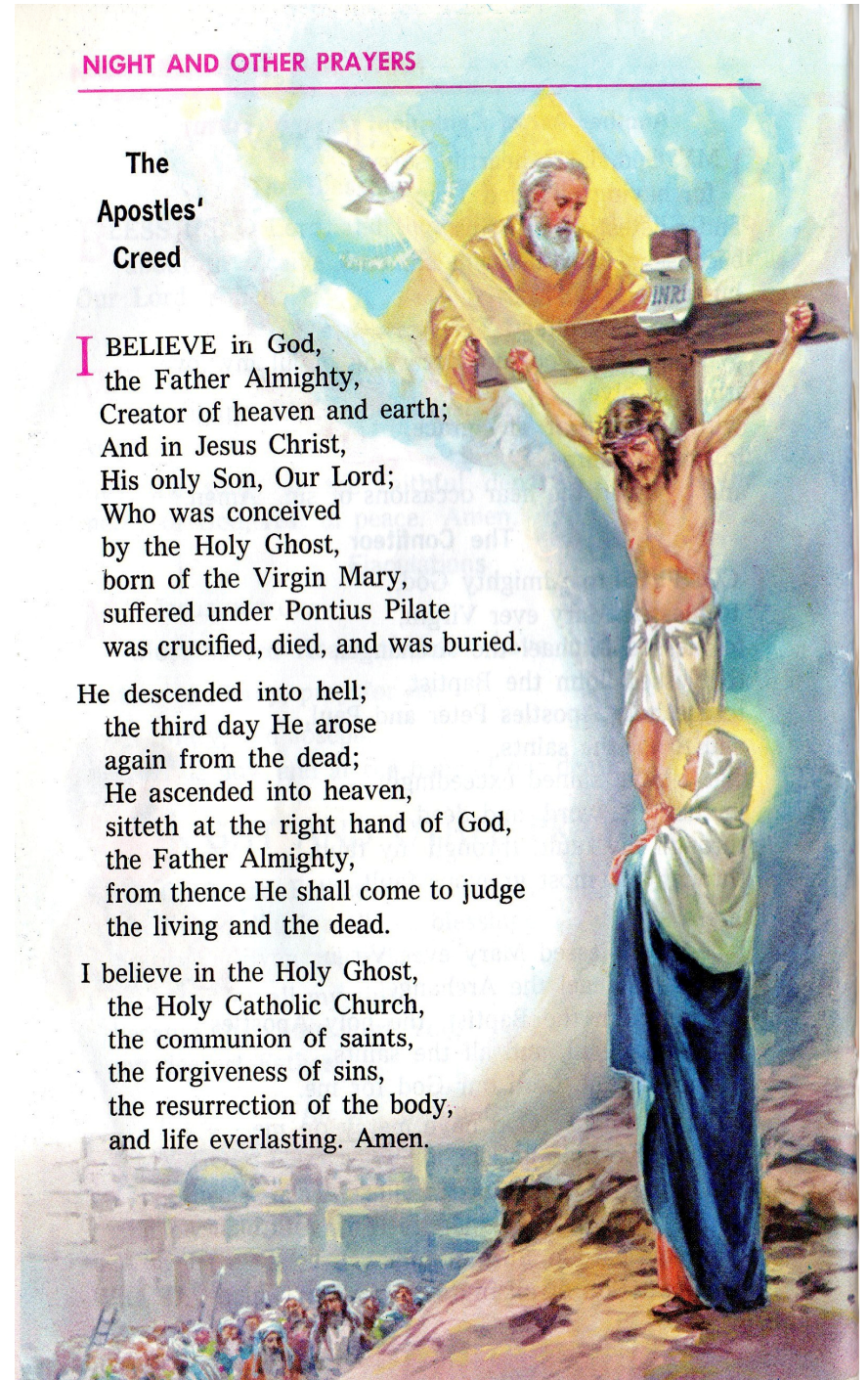
NIGHT AND OTHER PRAYERS

The Apostles' Creed

I BELIEVE in God,
the Father Almighty,
Creator of heaven and earth;
And in Jesus Christ,
His only Son, Our Lord;
Who was conceived
by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate
was crucified, died, and was buried.

He descended into hell;
the third day He arose
again from the dead;
He ascended into heaven,
sitteth at the right hand of God,
the Father Almighty,
from thence He shall come to judge
the living and the dead.

I believe in the Holy Ghost,
the Holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.



VARIOUS PRAYERS

The Blessing before Meals

Bless us, O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ Our Lord. Amen.

Grace after Meals

We give Thee thanks for all Thy benefits, O Almighty God, who livest and reignest forever. Amen

Ejaculations

My Jesus, mercy.

Most Sacred Heart of Jesus, have mercy on us.

Mother of mercy, pray for us.

Jesus, Mary, and Joseph, bless us now and at the hour of our death.

NIGHT AND OTHER PRAYERS

My God and Father,

I thank You for all the blessings You have given me to-day.

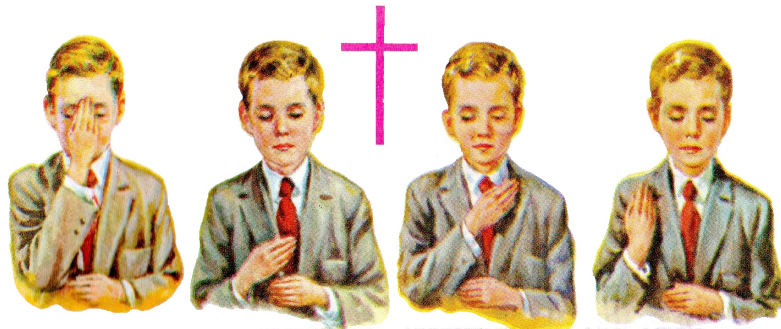
I am sorry for all my sins, because they have hurt You, my dearest Father.



O Saint Joseph, Foster Father of Jesus, help me to learn about and love Jesus and Mary with my whole heart and soul.

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Prayers for Everyday



In the name of the Father

and of the Son

and of the Holy

Ghost

In the Name of the Father,
And of the Son,
And of the Holy Ghost.
Amen.



Amen

The Lord's Prayer

Our Father, Who art in heaven,
Hallowed be Thy Name;
Thy kingdom come;
Thy will be done
On earth as it is in heaven.

Give us this day our daily bread;
And forgive us our trespasses
as we forgive those who trespass
against us;
And lead us not into temptation,
But deliver us from evil.
Amen.

NIGHT AND OTHER PRAYERS

An Act of Contrition

O My God, I am heartily sorry for having offended Thee,
and I detest all my sins,
because I dread the loss of heaven and the pains of hell,
but, most of all, because they have offended Thee, My God,
Who art all good and deserving of all my love.
I firmly resolve with the help of Thy grace, to confess my sins,
to do penance and to amend my life. Amen.

The Confiteor

I confess to Almighty God,
to Blessed Mary ever Virgin,
to Blessed Michael the Archangel,
to Blessed John the Baptist,
to the holy Apostles Peter and Paul,
and to all the saints,
that I have sinned exceedingly
in thought, word, and deed,
through my fault, through my fault,
through my most grievous fault.
Therefore,
I beseech Blessed Mary ever Virgin,
Blessed Michael the Archangel,
Blessed John the Baptist, the holy Apostles
Peter and Paul, and all the saints,
to pray to the Lord our God for me.
May the Almighty God have mercy on me,
and forgive me my sins,
and bring me to everlasting life. Amen
May the Almighty and merciful Lord
grant me pardon, absolution,
and remission of all my sins. Amen

HOLY DAYS OF OBLIGATION



THE IMMACULATE CONCEPTION—December 8

This feast reminds us how holy Mary's body and soul were made by God.



CHRISTMAS—December 25

This is Our Lord's birthday.



OCTAVE DAY OF CHRISTMAS—January 1

The day when Our Lord received His name Jesus.



THE ASCENSION (40 days after Easter)

The day Our Lord went up to heaven.

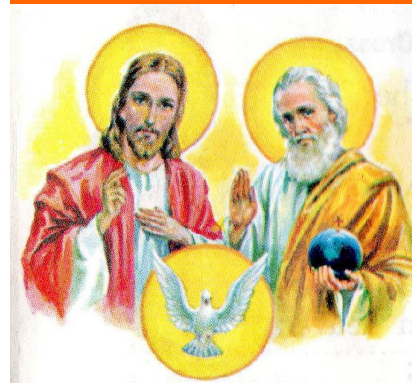


ASSUMPTION—August 15 The day Our Lady was taken up to heaven.



ALL SAINTS—November 1 The day we think of all the saints in heaven.

Prayers for Everyday



Glory Be to the Father

GLORY BE to the Father, and
to the Son,
and to the Holy Ghost.
As it was in the beginning,
is now, and ever shall be,
world without end. Amen.



The Hail Mary

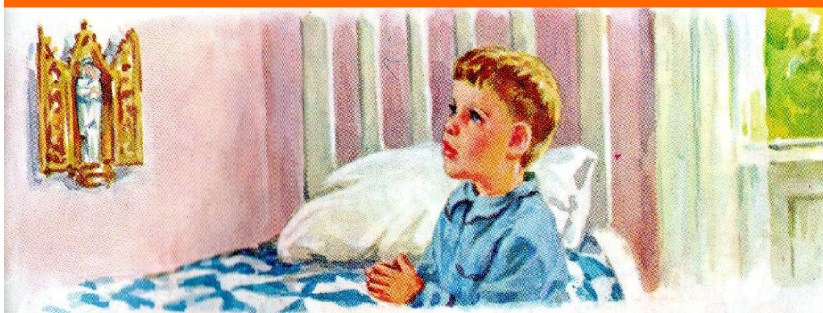
HAIL MARY, full of grace!
The Lord is with thee;
Blessed art thou among women,
and blessed is the fruit of thy womb,
Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of
our death. Amen.

Prayer to the Guardian Angel

ANGEL OF GOD,
My Guardian dear,
To whom His love
Entrusts me here,
Ever this day,
Be at my side,
To light and guard,
To rule and guide.
From stain of sin,
O keep me free,
And at my death,
My helper be. Amen.



Prayers for Everyday



Morning Offering

O MY GOD, I offer You every thought
and word and act of today.

Please bless me, my God,
and make me good today.

An Act of Faith

O MY GOD, I firmly believe all the sacred truths which Thy
holy Catholic Church believes and teaches, because Thou
hast revealed them, Who can'st neither deceive nor be deceived.

An Act of Hope

O MY GOD, relying on Thy infinite goodness and promises,
I hope to obtain the pardon of my sins, the help of Thy
grace, and life everlasting; through the merits of Jesus Christ, our
Lord and Savior.

An Act of Charity

O MY GOD, I love Thee above all things with my whole
heart and soul, because Thou art all good, and worthy of
all love. I love my neighbor as myself for the love of Thee. I for-
give all who have injured me, and ask pardon of all whom I have
injured.

THE TWO BIGGEST FEASTS OF THE YEAR



EASTER SUNDAY

The day Our Lord rose from the dead.



PENTECOST SUNDAY

The day the Holy Spirit descended on the Apostles.

THE HOLY EUCHARIST

95. What should I do after Holy Communion?

After Holy Communion I should:

1. Thank Our Divine Lord for coming to you and tell Him that you love Him SO MUCH.
2. Ask Him to help you and your family, and others in need.
3. Tell Him how sorry you are that all the mortal sins continue to hurt Him so much.

CAN YOU ANSWER THESE?

Then thank Him, talk to Him, ask His help.

1. Who comes to live in us at Communion time?
2. Why does He come to us?
3. Who offers the Mass for us?
4. What do the bread and wine at Mass become?
5. What does Jesus say to His Father at Mass?

PRAYER

BEFORE COMMUNION

MY JESUS, I need You.
It is hard for me to be good.
Come to make my soul strong.
Give my soul its Food and
Drink.
Let me grow in Love for you.

PRAYER

AFTER COMMUNION

MY JESUS, I love You.
Stay with me always.
I need Your help to be good.
Change what is bad in me.
Make me just like You.



GOD MADE ALL THINGS

Lesson 1

God Made Us

The Purpose of Man's Existence

1. *What is God?*

God is the Highest and most perfect spirit from whom all good things come.

2. *Who made you?*

God made me.

God made me out of nothing.
He made me because He loves me.
He gave me to my mother and father.
They take care of me.
They take God's place.
I belong to God because He made me.

3. *Did God make all things?*

Yes, God made all things.

God made the earth and the sky.
God also made the sun.
God made the moon and the stars.
God made night and day.
God made rain and snow.
God made hills and mountains.
God made oceans and rivers.
God made the trees and flowers.
God made all animals, big and little.
God made the fishes in the water.
God made the birds in the sky.

THE HOLY EUCHARIST

93. *What is the fasting rule of the Church?*

The fasting rules of the church are:

Fasting from all solid food and drink for 1 hour before receiving Jesus in Holy Communion. Water can be taken anytime.

We recommend however observing a 3 hour fast from food and 1 hour fast from any drink.

94. *How must we fast before Holy Communion?*

Before Holy Communion we must fast by not taking food or drink for at least one hour, except water, which may be taken at any time.

96. *What should you do before Holy Communion?*

Before Holy Communion I should:

- 1. Think of Jesus.**
- 2. Say the prayers I have learned.**
- 3. Ask Jesus to come to me.**

Jesus Christ is the **Food** and **Drink** of our soul, hiding under the appearances (species) of bread.

It makes our souls strong and healthy just like good food makes our bodies strong and healthy.

91. *What must you do to worthily receive Holy Communion?*

To receive Holy Communion I must:

1. **Have my soul free from ALL mortal sin.**
2. **I must fast respectfully.**
3. **Think about Jesus and what I want to tell Him and ask of Him.**
4. **Say the prayers I have learned and my own personal prayers.**
5. **Watch the priest carefully as the bells ring and the bread and wine become Our Lord, Jesus Christ.**

People in **mortal sin** may **not** go to Communion.

It is a big sin if they go.

The life of Christ in their souls is dead.

Dead people cannot eat.

But sick people need to eat.

Venial sin makes the soul sick.

We **can receive** Communion with **venial sins**.

But first we should tell Jesus how sorry we are for our little sins, He will make our souls healthy and strong again.

92. *Why do we fast before receiving Jesus into our Souls?*

We fast before receiving Our Lord, Jesus Christ, out of a deep respect for His giving Himself to us.

For Jesus there is no time, only Eternity. Fasting should be much more than a rule. It is an opportunity to show Jesus how much you love and respect Him.

God made the angels.

Angels are spirits.

They have no bodies.

They know much more than we do.

They have great power.

The angel who helps me is my guardian angel.

He is with me all the time.

He keeps me from danger.

He helps me to think of God.



God Made Adam and Eve

Adam and Eve were the first man and woman.

God made the sun and moon for them.

God made the trees and flowers for them.

God made the animals for them.

God made the birds and fishes for them.

God made all these things for them to use.

God made the world for all of us.

4. *Why did God make you?*

God made me to show His goodness and to make me happy with Him in heaven.



God Is Good

God made me because He is good.

God is always happy.

God wants everybody to be happy.

God made me to be happy with Him forever.

I cannot be happy without God.

I need God.

Heaven is God's home.

Everybody in heaven is happy.

To be happy forever, we must get to heaven.

Earth is the place where we get ready for heaven.

88. *Are there any exceptions to receiving Holy Communion?*

Yes, there are exceptions about receiving Holy Communion, if a Catholic is in danger of death or is trying to protect the Blessed Sacrament from insult, then no fast is required before receiving the Holy Eucharist.

89. *Does he who knowingly receives Holy Communion in mortal sin receive the body and blood of Christ and His Graces?*

He who receives Holy Communion in mortal sin receives the body and blood of Christ; but he does not receive His Graces, and he commits a grave sin of sacrilege.

90. *Why is it good to receive Holy Communion often, even daily?*

It is good to receive Holy Communion often, even daily, because this close union with Jesus Christ is the greatest help for a holy life.

To show He is pleased with the Holy Sacrifice of the Mass, the Eternal Father invites us to His altar.

He gives us something to eat.

He gives us what we, through the priest, have given Him.

He gives us the **Flesh** and **Blood** of His Only Son, Our Lord.

He gives us the Sacred **Host** which looks like bread, but which is really and truly Our Lord **JESUS CHRIST**.

83. What happened when Our Lord said, “This is My Body, this is My Blood”?

When Our Lord said, “This is My Body,” the substance of the bread was changed into the substance of His Body. When He said, “This is My Blood,” the substance of the wine was changed into the substance of His Blood.

84. What is this change of the bread and wine into the body and blood of Our Lord called?

This change of the bread and wine into the body and blood of Our Lord is called Transubstantiation (Trans-substan-tiation).

85. Did anything remain of the bread and wine after their substance had been changed into the substance of the body and blood of Our Lord?

After the substance of the bread and wine had been changed into the body and blood of Our Lord there remained only the appearances (or species) of bread and wine.

86. When did Christ give His priests the power to change bread and wine into His body and blood?

Christ gave His priests the power to change bread and wine into His body and blood when He said to His Apostles, “Do this in commemoration of Me.”

87. Do you receive Jesus Christ in the Sacrament of the Holy Eucharist?

I do receive Jesus Christ in the Sacrament of the Holy Eucharist when I receive Holy Communion.

5. What must you do to be happy with God in heaven?
To be happy with God in heaven, I must know Him, love Him, and serve Him in this world.

First I must KNOW God.

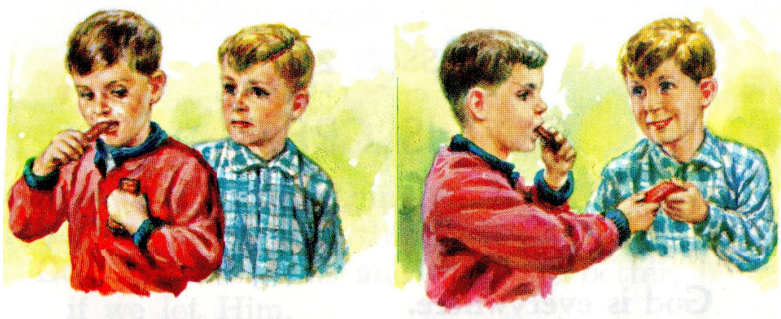
I cannot love God unless I know Him well.
To know God I must study my catechism.
I must think about God every day.
I must pray to God.

Most of all I must LOVE God.

We give gifts to those we love.
I must make my life a gift to God.
I must love God more than I love myself.
I must love God more than I love anybody else.
I must love God above all things.

To show God I love Him I must SERVE Him.

I serve God when I PRAY well.
I try to think of God.
I serve God when I WORK well.
I study hard at school and home.
I serve God when I PLAY well.
I try to be fair and not selfish.
I must not offend God by sin.
I must want to please Him.
It is not always easy to please God.
What pleases Him sometimes does not please us.
I must please God rather than myself.
This shows God I love HIM more than myself.



Shall I Be **Selfish**
And PLEASE
MYSELF?

OR

Shall I **Share** and
PLEASE GOD?

When I am selfish I do not please God.

When I am kind to others I please God.

To be happy I must please God in everything.

CAN YOU ANSWER THESE?

1. Why do you belong to God?
2. Who were the first man and woman?
3. What is God's home called?
4. Why does God want us to come there?
5. What three things must I do to be happy with God?

Jesus offers Himself as He did on the Cross.

We also offer ourselves with Jesus.

We are willing to suffer with Him.

The Gift of Jesus on the Cross pleased the Father,

so the Father raised Jesus from the dead.

Our Gift at Mass pleases the Father too,

so the Father will raise us with Jesus.

Some day we will all be together in heaven.

82. Do you see Jesus Christ in the Holy Eucharist?

**No, I do not see Jesus Christ in the Holy Eucharist
because He is hidden under the appearances of
bread and wine.**

The **Eucharist** is **Christ**.

He is really there.

We cannot see Him.

We cannot hear Him.

But **He is there**.

The **HOST** **looks** like bread.

But it **is really** the **Body of Jesus**.

The big Host is for the priest.

The small Hosts are for the people.

Each Host is **Jesus**.

The **CHALICE** contains the **Blood**.

It **looks** and **tastes** like wine.

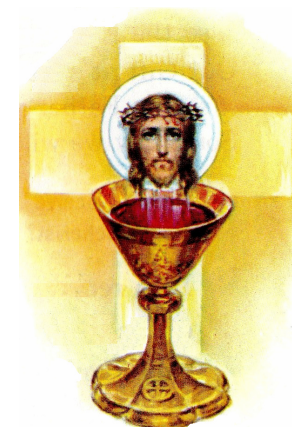
But it **is really** the **Blood of Jesus**.

The Mass is an act of love.

Our Lord says to His Father, "I love you."

He tells this to the Father for us.

He wants us to say it with Him.



THE HOLY EUCHARIST

81. What is Holy Communion?

Holy communion is the receiving of Jesus Christ in the sacrament of the Holy Eucharist.

THE MASS IS OUR GIFT TO GOD

We offer bread and wine.
The priest does it for us.
We give our hearts to God.

Then the priest changes
the bread and wine.
They become the Body
and Blood of Jesus.
The priest offers
them to God.
This tells **God**
we love Him.



Lesson 2

God Is Great

God and His Perfections

6. Where is God?

God is everywhere.

God is with us.
God is on earth.
God is in the sky.
God is in all places.
But heaven is God's home.
He also lives in souls that are pleasing to Him.

7. If God is everywhere, why don't we see Him?

We do not see God because He is a pure spirit and cannot be seen with our eyes. Our soul is a spirit also.

8. Does God know all things?

Yes, God knows all things.

God knows all things on earth.
God knows all things in heaven.
God knows what happened long ago.

God knows what we are doing now.
God knows what is going to happen.

God knows when we are good.
God knows when we are bad.
God sees all the things we do.

God knows even what we are thinking.
God watches us because He loves us.

He wants to keep us from harm.
He even wants to keep us from hurting ourselves.

9. *Can God do all things?*

Yes, God can do all things.

God can make anything.
God can change anything.
God can change us and make us better, if we let Him.

God gives us all the help we need.
God always helps us when we ask Him.
Asking Him to help us is called prayer.

10. *Did God have a beginning?*

No, God had no beginning. He always was.

The earth had a beginning.
The sun, moon and stars had a beginning.
The angels had a beginning.
We had a beginning.

God gave everything a beginning.
Only God had no beginning.
God was never born.

11. *Will God always be?*

Yes, God will always be.

God can never die.
He will live forever. Forever is also called eternity.

THE HOLY EUCHARIST



The Last Supper Was the First Mass

79. *What is Holy Eucharist?*

The Holy Eucharist is the Sacrament, which contains the Body and Blood, soul and divinity of Our Lord Jesus Christ under the appearances of bread and wine.

The Holy Eucharist is a Our Lord Himself.
He comes to us in Person.
He comes to be Food for our soul.
He comes to live in us.
He comes to stay with us.
He comes to help us always.

80. *When did Christ institute the Holy Eucharist?*

Christ instituted the Holy Eucharist at the Last Supper, the night before he died.

LIVING THE MASS

We must LIVE our Mass each day.

To live the Mass we must love and suffer as Jesus did.

TO LOVE

Jesus loved everybody.

We must love everybody.

We must be kind to all.

The Mass helps us to love the way Jesus did.

TO SUFFER

Jesus suffered for us.

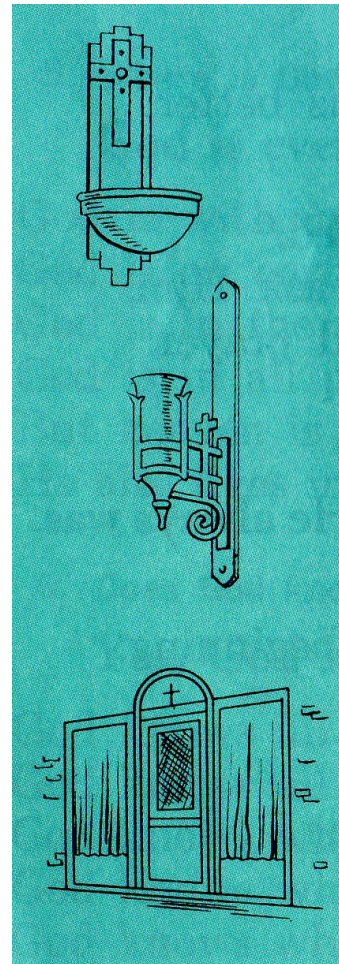
We must suffer for and with Him.

To suffer means to do what we don't like to do when God wants it.

The Mass helps us to suffer with Jesus.

CAN YOU ANSWER THESE?

1. Where is God's home?
2. What does God know?
3. What can God do?
4. How long will God live?
5. Why does God watch over us?

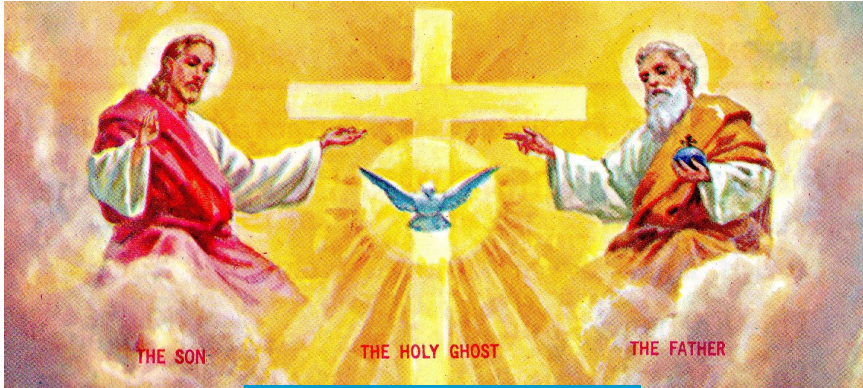


Some Things I See In Church

The **HOLY WATER FONT** is near the door. Holy water is blessed to protect us. I make the sign of the cross with it.

The **SANCTUARY LAMP** burns all the time. It burns before Jesus in the Tabernacle. It takes the place of our heart.

The **CONFESSIONAL BOX** is the place where we go to confession.



Lesson 3

The Blessed Trinity

The Unity and Trinity of God

12. *Is there only one God?*

Yes, there is only one God.

There cannot be more than one God.
There never will be more than one God.

13. *How many Persons are there in God?*

In God there are three Persons – the Father, the Son,
and the Holy Ghost.

The Father is **God**.

The Son is **God**.

The Holy Ghost is **God**

But they are all **ONE God**.

The Father is the First **Person**.

The Son is the Second **Person**.

The Holy Ghost is the Third **Person**

There are **THREE Persons** in **ONE God**.

THE HOLY MASS

THE OUR FATHER

The priest is getting ready for Communion.

He says the “Our Father.”

He asks the Father for the daily Bread of the Eucharist.

Our Father,
Who art in heaven,
Hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
As we forgive those
who trespass against us;
And lead us not into temptation
but deliver us from evil. Amen

THE COMMUNION

The priest receives the Host.

He drinks the Precious Blood.

The people receive Jesus in the Host.

Dear Lord, make us worthy to receive You.
Take away our power to sin.
Give our souls their Food and Drink.
Make us strong in love for You.
Lead us to life everlasting.

THE HOLY MASS

CONSECRATION OF THE CHALICE

Now the priest bends over the chalice.
He says the words of Christ.

THIS IS MY BLOOD.

The wine is changed into Christ's Blood.
It reminds us of His death on the Cross.
It is really the same Act of Love.

O God, we love You.
We offer You the Blood of Your Son.
He shed it for us.
Please accept our gift.

ELEVATION OF THE CHALICE

The priest genuflects.
He raises the chalice for all to see.
The people look up and adore the Precious Blood.
Say:

MY JESUS, MERCY!

THE BLESSED TRINITY

14. What do we call the three Persons in one God?

We call the three Persons in one God **The Blessed Trinity.**

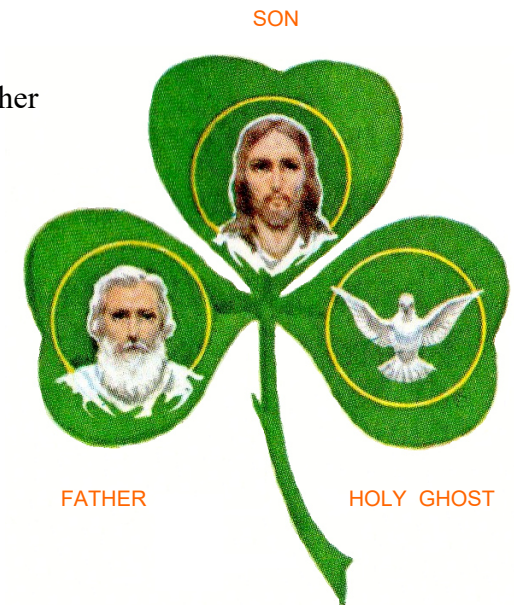
The Father is **God.**
The Son is **God.**
The Holy Ghost is **God.**

All **THREE Persons** are **ONE God.**
We call them the **BLESSED TRINITY.**

We PICTURE God the Father
as a kind father.
But He is really a Spirit.
We cannot see a spirit.

It is easy to PICTURE
God the Son because He
really became man.

We PICTURE God the Holy Ghost as a dove.
But He too is really a Spirit.
We also call Him the Holy Spirit.



All three Persons are equal.

THE BLESSED TRINITY

15. *How do we know that there are three Persons in one God?*

We know that there are three Persons in one God because we have God's word for it.

The Father sent His Son to us on earth.

The Son told us what the Blessed Trinity is like.

The Blessed Trinity is God's family.

But it is a family which is all one God.

In this family all is love.

They never fight.

They always agree.

They are always happy.

Say this prayer often:

O God, make my family holy.

CAN YOU ANSWER THESE?

1. Is there only one God?
2. How many Persons are there in God?
3. Who are they?
4. Why can't you see God?
5. What do we call all three Persons together?

THE HOLY MASS

CONSECRATION OF THE HOST

This is the most important part of the Mass.

The priest bends over the host.

The people kneel in silence.

The priest says the words of Christ,

THIS IS MY BODY.

The bread is changed into Christ's Body.

O God, we love You.

We offer You our gift of bread.

Our hearts are in it.

Change the bread into the Body of Your Son.

Change our hearts, too.

Fill them with love for You.

ELEVATION OF THE HOST

The priest genuflects.

He raises the Host for all to see.

The people look up and adore Jesus.

Say:

MY LORD AND MY GOD!

THE BEGINNING OF MASS

THE PRIEST AT THE FOOT OF THE ALTAR

The priest begins the Mass.
He tells God he is sorry for his sins.
We tell God we are sorry for our sins too.

O God, I am sorry for my sins.
Help me to do better.
Help me to pay attention to the Mass.



THE PRIEST AT THE MISSAL

He praises God.
He prays for our needs.
He reads God's words to us.
On Sundays he preaches a sermon.

O my God, we adore You.
Thank You for Your love.
Help us to be good.
Teach us what we should know.



THE PRIEST OFFERS BREAD AND WINE

He offers the bread to God.
He puts wine in the chalice.
He offers that to God.

O God, we offer ourselves to You.
We put our hearts in the chalice
We want to please You always.



Lesson 4

The First Sins

Sin: Original Sin

16. What is sin?

Sin is disobedience to God's laws.

God's laws show me the way to heaven.
His law is His Will made known to us.
They are signs that show me the right road.

Sin is saying "No" to God.

It offends God.
Sin shows God I do not love Him very much.



St. Michael Drove the Lucifer and the Bad Angels from Heaven

17. Who committed the first sin?

The Lucifer and the bad angels committed the first sin.

All the angels were made to serve God.
But some loved themselves more than God.

They said, "We will not serve."

They were thrown into hell, a place of fiery punishment.
We call them devils.

THE FIRST SINS

18. Who committed the first sin on earth?

Our first parents, Adam and Eve committed the first sin on earth.

God put Adam and Eve in the Garden of Eden.
They were the first people to live on the earth.
God wanted them to be happy.

But He told them not to eat the fruit of one tree.

Its fruit would make them die.

The devil spoke to Eve.

He told her the fruit was good.

He told her she would be like God.



Eve did not mind God.

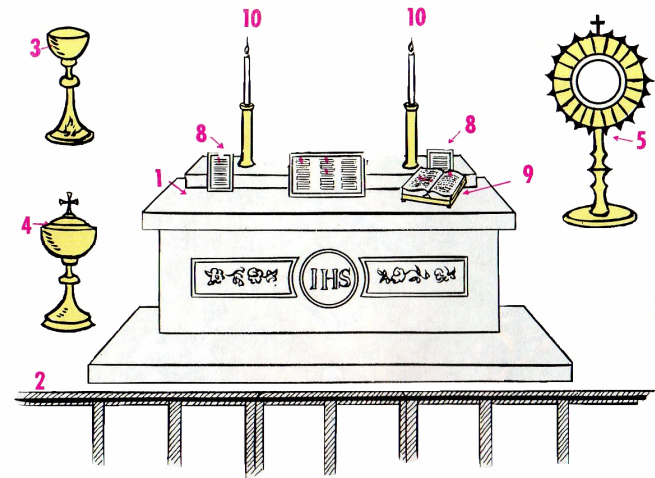
She ate some of the fruit and gave some to Adam.

They loved themselves more than God.

This was the first sin on earth.

They did not believe God.

THE HOLY MASS



THINGS I SEE ON THE ALTAR

1. The **ALTAR** is a table. Mass is said on it. It is very holy.
2. The **COMMUNION RAIL** gives room for all to come and receive Our Lord's Body and Blood.
3. The **CHALICE** is a cup which holds Our Lord's Precious Blood at Mass.
4. The **CIBORIUM** is a cup which holds the Hosts the people receive at Communion.
5. The **MONSTRANCE** is a shrine where Our LORD'S BODY is placed so people can see and adore Him.
6. The **TABERNACLE** is His home away from home. Our Lord lives in it for us.
7. The **CRUCIFIX** is a cross with Our Lord on it. It reminds us He died for us. He loved us so much to do this.
8. The **ALTAR CARDS** have prayers on them.
9. The **MISSAL** is a big prayer book, with prayers of the Mass. It rests on a stand on the altar.
10. The **CANDLES** remind us of Our Lord. They are made of pure wax. They burn like His Sacred Heart.

75. What is the Mass?

The Mass is the unbloody sacrifice of the Cross, offered by the priest, under the appearances of bread and wine.

76. Is the Mass the same sacrifice as the sacrifice of the Cross?

The Mass IS the same sacrifice as the sacrifice of the Cross.

77. Is there any difference between the sacrifice of the cross and the Sacrifice of the Mass?

Only the Manner in which the sacrifice is offered is different. On the cross, Christ physically shed His Blood and was physically killed, while in the Mass there is no physical shedding of blood or physical death.

78. How should we assist at Mass?

We should assist at Mass with great interior thoughts and prayers and with every outward mark of respect and devotion.

19. Is this sin passed on to us from Adam?

Yes, this sin is passed on to us from Adam.

We are children of Adam and Eve.
They were our first parents.
We are born with this sin on our soul.
We are born without grace in our soul.

20. What is this sin in us called?

This sin in us is called original sin.

Original sin means “first” sin.
We are all born with original sin on our souls.
While it is there we cannot love God as He loves us.
Baptism washes this sin off our souls.

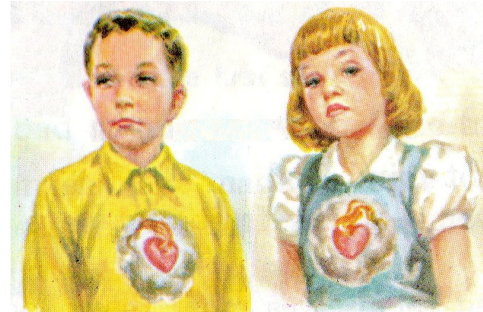
But original sin leaves our souls weak.

We think more of pleasing ourselves than of pleasing God.
We feel like loving ourselves more than God.

Our hearts
turn quickly
to things
like:

Candy
Toys
TV

We like
them too
much.



Our hearts
turn away
from things
like:

Obedience
Prayer
Study

But these
please God
more.

The Effect of Original Sin is that our Hearts are Filled with love for ourselves and tend towards disobedience.

THE FIRST SINS

21. *Was anyone ever free from original sin?*

The Blessed Virgin Mary was free from original sin.

God wanted to free everybody from sin.
To do this, He planned to send His Son to earth.
He wanted His Son to have a good mother.
So He made the best mother He could.

God made Mary.
He kept her free from
original sin.
She came into the world
without it.
She never had sin.

Mary's soul was always
turned to God.
Her heart was always full
of love for God.
She was full of grace.



**The Blessed Virgin Mary
with her mother, Saint Anne**

We call this Mary's **Immaculate Conception.**

Even as a baby, Mary's heart loved God.
She grew up loving God.
She did not love herself more than God.
She wanted only to please God.
She always did what God wanted.

Lesson 11

THE HOLY MASS



THE MASS IS CHRIST'S ACT OF LOVE

Our Lord faces two ways at Mass.

1. He looks up to heaven.

**He gives Himself to the Father in love.
And we give ourselves with Him.**

2. He looks at us.

**He gives us His own Body and Blood.
They are Food and Drink for our souls.**

CAN YOU ANSWER THESE?

1. What is the first thing you say in confession?
2. What do you say about your last confession?
3. What do you do next?
4. What do you do after the priest gives you your penance?

PRAYER

BEFORE CONFESSION

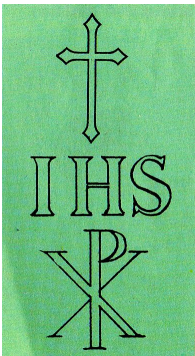
COME, HOLY GHOST,
enlighten my mind that I
may clearly know my sins;
touch my heart that I may
be sorry for them, and bet-
ter my life.
Amen

PRAYER

AFTER CONFESSION

MY JESUS, I THANK You
for washing away my sins in
Your Precious Blood.
Help me to accept my cross
each day and not to hurt
You.
I love You with my whole
heart and soul.

SIGNS OR SYMBOLS OF CHRIST I SEE IN CHURCH



A cross should remind me that Our Lord died on the Cross for me.

The letters "HIS" mean JESUS in Greek. This was a language used when Jesus was on earth.

The letters "P" and "X", placed one over the other, mean CHRIST in Greek.

Next time you are in church, see how many of these symbols you can find.



An Angel Gave Mary God's Message

God sent an Angel to see Mary.

He asked her to be the Mother of Jesus.

Mary said "Yes" to the angel.

God sent His Son to her.

God made her Mother of Jesus.

He did this by the power of the Holy Spirit.

Mary prepared Jesus to die on the Cross for us.

CAN YOU ANSWER THESE?

1. What does a sinner say to God?
2. What did Adam and Eve say to God?
3. What did Mary say to God?

Lesson 5

Our Own Sins

Actual Sin

22. *Is original sin the only kind of sin?*

No, there is another kind of sin, called actual sin.

Adam and Eve committed ORIGINAL sin.
We did not commit it, but are born with it.
The sin we commit is ACTUAL sin.

23. *What is actual sin?*

Actual sin is any sin which we ourselves commit.



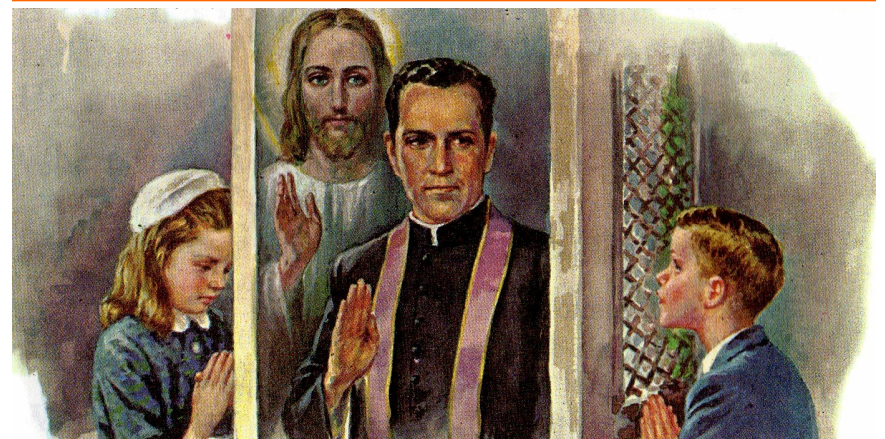
Actual Sin is Thinking, Saying or Doing Wrong

We are not born with actual sin.
We commit it **ourselves**.

24. *How many kinds of actual sin are there?*

There are two kinds of actual sin: mortal sin and venial sin.

HOW TO MAKE A GOOD CONFESSION

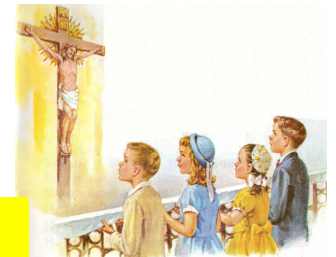


The Priest Takes Christ's Place

Remember you are talking to Our Lord.
Do not be afraid. Tell the truth.
Tell all the sins you can remember.
Do not leave out any sin on purpose.
If you forget to tell a sin, God forgives you.
Listen carefully to the priest.
Say your Act of Contrition from your heart.

74. *What do you do after leaving the confessional?*

After leaving the confessional, I say the penance the priest has given me and thank God for forgiving my sins.



Thanksgiving After Confession

Look at the crucifix again.
Thank Our Lord for His sufferings.
Thank Him for curing your sins.
Say your penance from your heart.
Ask Jesus to help you to be better.

HOW TO MAKE A GOOD CONFESSION

73. How do you make your confession?

I make my confession in this way:

1. I go into the confessional and kneel.
2. I make the sign of the cross and say: "Bless me, Father, for I have sinned. I confess to Almighty God and to you Father. This is my first confession and I accuse myself of the following sins."

Tell our sins to the Priest in a list form, nature (kind) and number. That E.g. Once, I stole 3 cookies or 3 times I stole 1 cookie.

Future confession openings should be: Bless me Father for I have sinned. I confess to Almighty God and to you Father that it has been ____ weeks since my last worthy confession and I accuse myself of the following sins.

3. Always after saying your sins, finish by saying: "I am very sorry for these and any sins I cannot remember and I ask forgiveness, penance and absolution."

Then Father will give you the penance, maybe also some questions and advice and he will say; "Now say a good Act of Contrition."

4. I say the Act of Contrition loud enough for the priest to hear me.

25. What is mortal sin?

Mortal sin is a deadly sin.

It is a big sin committed on purpose.

The word **deadly** means that it kills our soul.

Children do not often commit mortal sin.

God protects them in a special way.

But big people sometimes commit mortal sin.

Even big boys and girls do sometimes.

We must hate mortal sin because it turns us away from God.

26. What does mortal sin do to us?

Mortal sin makes us enemies of God and robs our souls of His grace.

Anyone who commits mortal sin loves himself more than God.

He offends God very much.

One whose soul is dead in sin has no power to love God.

He cannot please God.



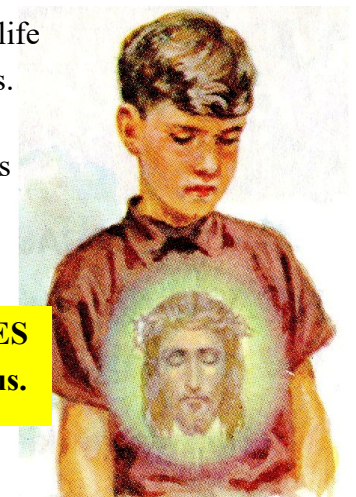
Grace in the Soul

Christ lives in us.

GRACE is the life of Christ in us.

Mortal sin kills this life.

It CRUCIFIES CHRIST in us.



Mortal Sin in the Soul

Christ is crucified in us.

27. *What happens to those who die in mortal sin?*

Those who die in mortal sin are punished forever in the fire of hell.

Hell is a terrible place.

Those who are there suffer great pain.

They are slaves of the devil.

They hate God and everyone else.

They can never be happy.

28. *What three things are necessary to make a sin mortal?*

To make a mortal sin three things are necessary:

First – it must be seriously wrong;

Second – the sinner must know it is seriously wrong;

Third – the sinner must fully consent (agree) to it.

29. *What is venial sin?*

Venial sin is a lesser sin.

Mortal sin is doing something big that God does not like.

Venial sin is doing something not so big that God does not like.

Sometimes we commit venial sin on purpose.

Sometimes we commit it without thinking.

If we do it on purpose, it offends God.

If we do it without thinking, it does not offend God.

But we must be sorry afterwards and try to find out why we committed the sin.

DID I COMMIT ANY OF THESE SINS?

Did I miss Mass on purpose on a Sunday or Holy Day?

(How many times?)

Was I late for Mass on Sunday through my own fault? **(...times?)**

Did I laugh or talk in church? **(...times?)**

Was I disobedient to others? **(...times?)**

Did I talk back to them? **(...times?)**

Did I fight with someone? **(...times?)**

Did I use angry words? **(...times?)**

Did I try to get even with someone? **(...times?)**

Did I use bad words? **(...times?)**

Did I steal something? **(...times?)**

Did I tell any lies? **(...times?)**

Was I unkind to others? **(...times?)**

Did I call anyone bad names? **(...times?)**

Was I mean to others? **(...times?)**

Did I tease someone unkindly? **(...times?)**

CAN YOU ANSWER THESE?

1. What sacrament heals our sick souls?
2. What medicine does it use?
3. If we ever have big sins, will Our Lord forgive us?
4. Is He angry with us?
5. What is the best way to get ready for confession?



BEFORE CONFESSION
THINK ABOUT THE PASSION

Our sins made Jesus suffer.
He suffered in our place.
We should have been on the Cross.
He did not commit the sins; we did.
But He loves us.
He wanted to suffer for our sins.

When we see His hands and feet nailed,
We will be sorry we did that to Him.
When we see His bleeding Body,
We will make up our mind not to sin again.
When we see His face,
We will want to tell our sins to the priest.
When we see His eyes,
We will want to say our penance.

30. Does venial sin make us enemies of God or rob our souls of His grace?

No, venial sin does not make us enemies of God or rob our souls of His grace.

Venial sin does not kill God's life in our souls.
But it makes our souls sick.
Our soul is more important than our body.
It is worse to have a sick soul than a sick body.

Our Blessed Lord loves us.
Venial sin makes Him SAD, if we do it on **purpose**, or do not try to do **better**.



Venial Sin in the Soul

Christ is sad in us.

31. Does venial sin displease God?

Yes, venial sin does displease God.

God loves you.
Venial sin hurts your own soul.
It displeases God to see you hurt yourself.
Does your mother like to see you hurt yourself?

CAN YOU ANSWER THESE?

1. What sin do we commit ourselves?
2. What does mortal sin do to the life of Christ in us?
3. What sin makes our soul sick?
4. Why should we hate sin?

Lesson 6

THE SON OF GOD BECOMES MAN

The Incarnation



32. *Did one of the Persons of the Blessed Trinity become man?*

Yes, the Second Person, The Son of God, became man.

33. *What is the name of the Son of God made man?*

The name of the Son of God made man is Jesus Christ.

His name is holy.

We bow our heads when we say
or hear His name.

Jesus, I love You.



SACRAMENT OF PENANCE

70. *What must you do to receive the Sacrament of Penance worthily?*

To receive the Sacrament of Penance worthily I must:

1st—examine our conscience.

2nd—BE SORRY FOR OUR SINS.

3rd—Make up our minds not to sin again.

4th—Confess our sins to the priest.

5th—Be willing to do the penance the Priest gives me.



The best way to do this is:

Pray the “Come Holy Ghost”.

Then think about Our Lord’s sufferings.

We call these sufferings His Passion.

71. *What are we to do if without our fault we forget to confess a mortal sin?*

If without our fault, we forget to confess a mortal sin, we may receive Holy Communion, because the sin is forgiven; but we must tell the sin if it again comes to our mind.

72. *What must he do who willfully doesn’t confess a mortal sin, in confession?*

He who willfully doesn’t confess a mortal sin in confession, must not only confess it, but must also repeat all the sins he has committed since his last WORTHY confession.

Don’t hide anything from the priest. He stands for God who knows all your thoughts.

This sacrament heals the wounds of all our sins.
It helps us to be good afterwards.
It helps us to keep out of sin.

Our sins may be big.
Our sins may be many;
But Our Lord always forgives us if we are truly sorry.
He is never angry with us.
He loves to have us come to Confession.

66. *What is the examination of conscience?*

The examination of conscience is an earnest effort to remember all the sins we have committed since our last worthy confession.

67. *What is contrition?*

Contrition is sincere sorrow for having offended God and hatred for the sin we have committed, with a firm purpose of sinning no more.

68. *What is confession?*

Confession is the telling of our sins to the priest, for the purpose of obtaining forgiveness.

69. *What sins are we bound to confess*

We are bound to confess all our MORTAL sins but it is good, also, to confess our venial sins.

34. *When was Jesus born?*

Jesus was born on the first Christmas Day, more than two thousand years ago.

Christmas is the birthday of Jesus Christ.
He was born in a stable in Bethlehem.
On Christmas we are happy, because it is the birthday of Jesus.
He became a baby for us.
He likes to be with us.



Jesus Was Born in a Stable

35. *Who is the Mother of Jesus?*

The Mother of Jesus is the Blessed Virgin Mary.

Mary was His Mother on earth.
Jesus had no father on earth.
He had a Father in heaven.
But Saint Joseph took the place of the Father in heaven.
We call Saint Joseph the foster father of Jesus.

36. *Is Jesus Christ both God and man?*

Yes, Jesus Christ is both God and man.

Jesus Christ is God.
Jesus Christ is man.
Jesus Christ is God and man.
Jesus Christ is the Son of God.
Jesus Christ is the Son of Mary.
Jesus Christ is like His heavenly Father.
Jesus Christ is like us as man.

37. *Did God abandon man after he fell into sin?*

God did not abandon man after he fell into sin, but promised him a Redeemer, who was to satisfy for man's sin and re-open to him the gates of heaven.

38. *Who is the Redeemer?*

Our Blessed Lord and Savior Jesus Christ is the only Redeemer of mankind.

39. *What do you believe of Jesus Christ?*

I believe that Jesus Christ is the Son of God, the Second Person of the Blessed Trinity, true God and true man.

SACRAMENT OF PENANCE

65. *What is the Sacrament of Penance?*

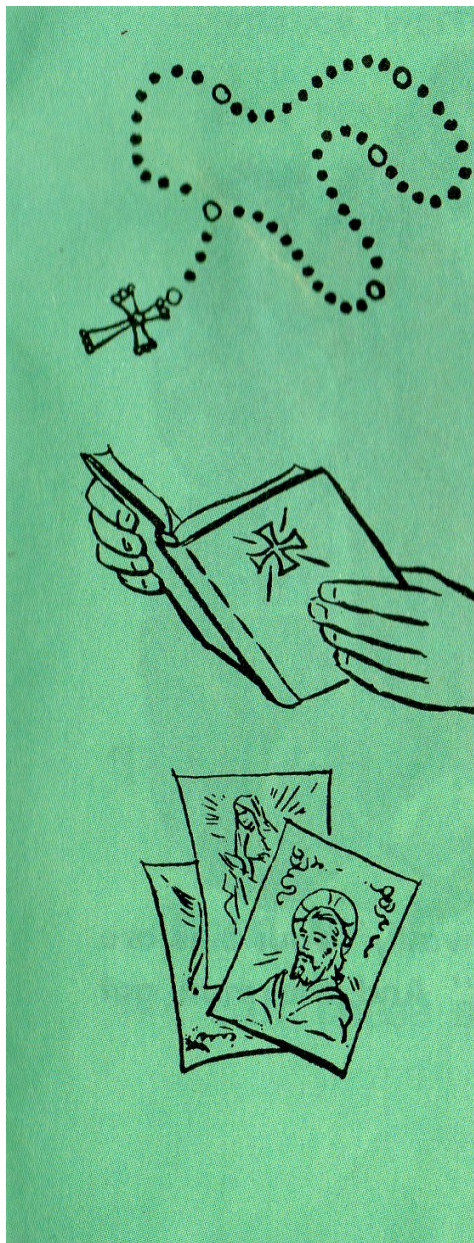
Penance is the Sacrament by which sins committed after Baptism are forgiven.

Mortal sin kills the life of Christ in our soul.
Venial sin makes our soul sick.
The sacrament of Penance is like medicine.
It is the medicine of Christ's Precious Blood.
It cures sick souls.
It is much stronger than medicine for the body.
It even raises dead souls to life.



Jesus said to the man who could not walk, "Your sins are forgiven. Arise and go to your house." And the man got up and walked.

SOME THINGS TO HELP ME PRAY



The **ROSARY** is like a crown of roses.
 On each big bead we say an "Our Father."
 On each little bead we say a "Hail Mary."
 We give them all to Our Lady meditating on her mysteries.
 She is pleased with them.

A **PRAYER BOOK** helps me pray.
 It tells me what to say to God.
 God likes me to talk to Him.
 I do not always need a book to pray.

HOLY PICTURES remind me of God and the saints.
 I must not play with them.
 I must take care of them.

40. *Was Jesus Christ always man?*

Jesus Christ was not always man, but became man at the time of His Incarnation.

41. *What do you mean by the Incarnation?*

By the Incarnation I mean that the Son of God was made man.

42. *How was the Son of God made man?*

The Son of God was made man by the power of the Holy Ghost, in the womb of the Blessed Virgin Mary.

43. *What is meant by the Redemption?*

By the Redemption it is meant that Jesus Christ offered His sufferings and death to God in satisfaction for the sins of man.

44. *What do we learn from the sufferings and death of Christ?*

From the sufferings and death of Christ we learn God's love for man and the evil of sin.

CAN YOU ANSWER THESE?

1. Who is Jesus Christ?
2. Where was He born?
3. What do we call His birthday?
4. Who is His Mother?
5. Who is Saint Joseph?
6. When was the Son of God made man?
7. What did Jesus Christ offer to God in satisfaction for the sins of man?

Lesson 7

JESUS OPENS HEAVEN FOR US

The Redemption—The Church

45. *Why did God the Son become man?*

God the Son became man to satisfy for the sins of all men and to help everybody to gain heaven.

God loves all men.

God wanted all men in heaven.

God sent His Son to show men the way.

God sent His Son to open the gates of heaven.



Jesus said: “I am the WAY, and the TRUTH, and the LIFE. No one comes to the FATHER but through ME.” (John 14,6)

46. *What does Jesus prefer of you?*

To LOVE, SERVE and OBEY Him and find your way back to HIM in Heaven when He calls you.

He GIVES YOU HIMSELF, His Church and your parents to help you.

THE SACRAMENTS OF BAPTISM AND CONFIRMATION

Every sacrament gives us the Holy Spirit.

It gives us more of His power.

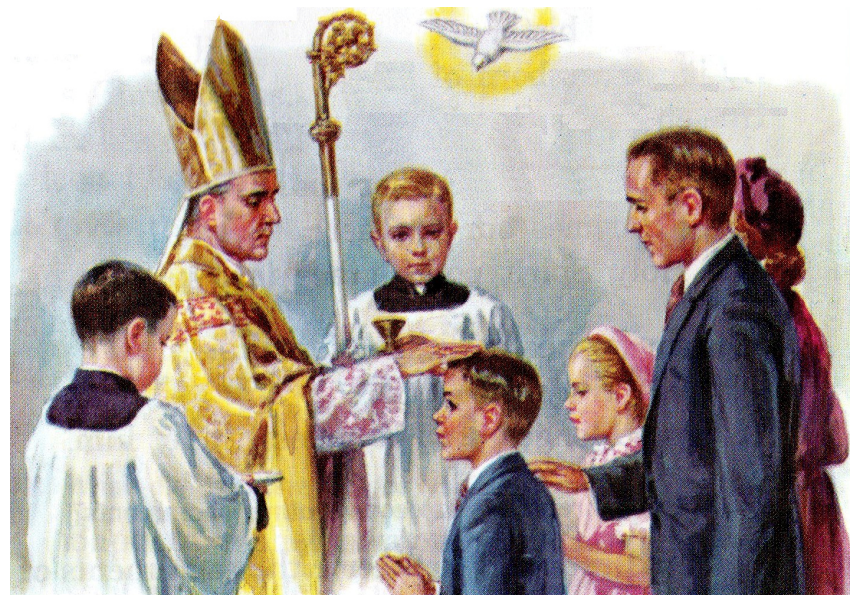
Confirmation gives us power to help others to know about Jesus.

It gives us **strength** to suffer for Jesus.

It helps us to die for our faith if we have to.

We must be willing to die for Jesus.

Jesus died for us.



Confirmation Gives Power to Spread and defend the Faith

CAN YOU ANSWER THESE?

1. Who is hidden in every sacrament?
2. What does He do there?
3. What is grace?
4. When does God become our Father?
5. What does Confirmation help us to do?

THE SACRAMENTS OF BAPTISM AND CONFIRMATION

Baptism is birth.

By it we are born of God.

He sends His Son into our soul.

God becomes our Father too.

Mary becomes our Mother.

The Holy Spirit pours grace into us.

Baptism washes us from original sin.

It drives away the devil.

He can no longer hurt us unless we let him.

61. *Who can administer Baptism?*

The priest is the usual minister of Baptism, but in case of necessity anyone who has the use of reason may baptize.

62. *How is Baptism given?*

Whoever Baptizes should pour water on the head of the person to be Baptized, and say, I Baptize thee in the name of the Father, and of the Son, and of the Holy Ghost.

63. *Are you preparing to receive other Sacraments?*

I am preparing to receive the Sacraments of Penance, Holy Eucharist and Confirmation.

2. CONFIRMATION

64. *What will Confirmation do for you?*

Confirmation, through the coming of the Holy Ghost, will make me a soldier of Jesus Christ.

JESUS OPENS HEAVEN FOR US

47. *How did Jesus satisfy for the sins of all men?*

Jesus satisfied for the sins of all men by His sufferings and death on the cross.



The Gates of Heaven had been Closed by Sin

The sin of Adam and Eve had closed them.

God sent His Son Jesus to make up for sin.

God sent His Son because He loves us.

Jesus died on the Cross for us.

He died because He loved His Father.

He died because He loved us.

Love **pleases** God. Sin **displeases** God.

The love of Jesus pleased the Father **more** than sin **displeased** Him.

JESUS OPENS HEAVEN FOR US



The LOVE of Jesus was like a fire in His Heart.
Jesus lit this fire in Mary's heart, too.
This love made Jesus die on the Cross for us.
This love pleased the Father more than sin displeased Him.
Sin lost its power to keep us out of heaven.

THE SACRAMENTS OF BAPTISM AND CONFIRMATION

57. *Do the Sacraments always give grace?*

The Sacraments always give grace IF we receive them properly.

58. *What does grace do to the soul?*

Grace makes the soul holy and pleasing to God.

Grace is life.

It is God's life.

It is Christ in us.

It makes our souls look like Christ

It gives us power to please God.



59. *What Sacrament have you received?*

I have received the Sacrament of Baptism.

60. *What did Baptism do for you?*

Baptism washed away original sin from my soul and made it rich in the grace of God.



Baptism Is a Second Birth

THE SACRAMENTS OF BAPTISM AND CONFIRMATION

50. What is a Sacrament?

A Sacrament is an outward sign instituted by Christ to give grace.

A SACRAMENT is a SIGN of Christ.

It is Christ working in our soul.

It is Christ helping our soul.

Christ is hidden in every sacrament.

51. How many Sacraments are there and what are they?

There are seven Sacraments: Baptism, Penance, Holy Eucharist, Confirmation, Holy Orders, Matrimony and Extreme Unction.

52. What is grace?

Grace is a supernatural gift of God bestowed on us, through the merits of Jesus Christ, for our salvation.

53. How many kinds of grace are there?

There are two kind of grace: sanctifying grace and actual grace.

54. What is sanctifying grace?

Sanctifying grace is that grace which makes the soul holy and pleasing to God.

55. What is actual grace?

Actual grace is that help of God which enlightens our mind and moves our will to shun evil and do good.

56. Do Sacraments give sanctifying grace?

The Sacraments do give sanctifying grace.

JESUS OPENS HEAVEN FOR US



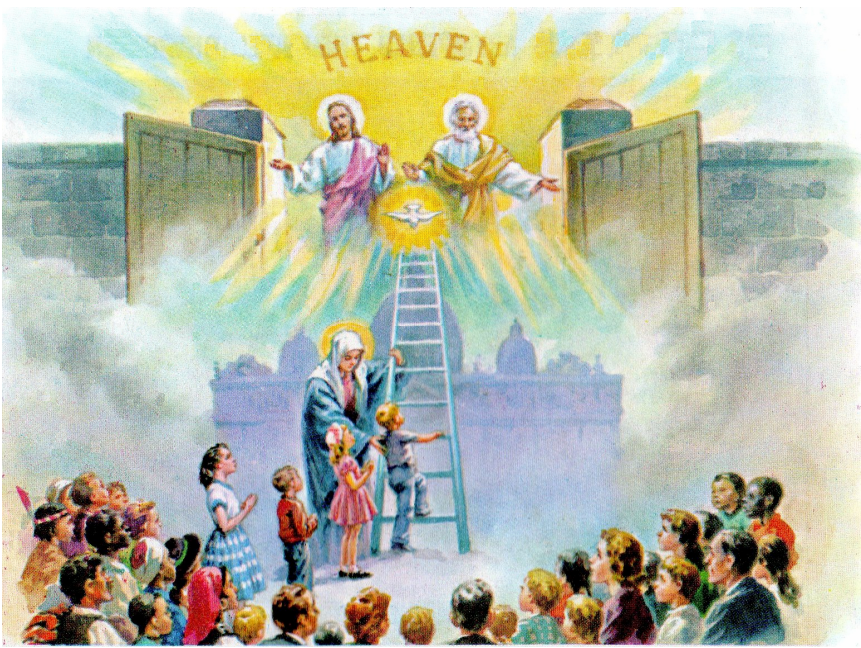
The Father in heaven was PLEASED with this love.

So He raised the body of His Son from the dead.

He opened the gates of heaven to welcome His Son.

Mary gave Jesus to the Father for us.

Jesus went home to heaven on Ascension Thursday to prepare a place for us.



48. *How does Jesus help all men to gain heaven?*

Jesus helps all men to gain heaven through the Holy Catholic Church.

The Church is like a ladder to heaven.

Jesus gave us only **ONE** ladder.

The Church is our only way to heaven.

CAN YOU ANSWER THESE?

1. What kept the gates of heaven closed?
2. Who died to pay for our sins?
3. What pleased the Father more than sin displeased Him?
4. Where did Jesus go after He rose from the dead?

THE SACRAMENTS OF BAPTISM AND CONFIRMATION

1. BAPTISM

49. *How does the Catholic Church help us to gain Heaven?*

The Catholic Church helps us to gain heaven especially through the Sacraments.



The Sacraments are Steps to Heaven

The Church is our ladder to heaven.

The sacraments are the seven steps of the ladder.

God lets the ladder down.

Our Lady helps us up the ladder.