

HOW TO USE THE MEDAL

Although there is no special way prescribed for carrying or wearing the medal of St. Benedict, it is encouraged to be worn about the neck, secured to the scapular or necklace. It can also be attached to the rosary, or carried devoutly about one's person.

For the sick it can be placed on wounds, dipped in medicine or in water which is then given to them to drink.

The Medal is frequently put into the foundation of houses or in walls, hung over doors, buried in fields, or fastened on stables and barns to call down God's protection and blessing

BLESSING OF THE SAINT BENEDICT MEDAL

The Medal of St. Benedict has a special Benedictine blessing which as of 1964 Pope Paul VI decreed any priest could bless for the medal to be made more readily available. Three solemn prayers of the Church are used to bless the medal.

The first prayer is an exorcism, giving the medal a special power over Satan.

The second prayer is to ask Almighty God's blessing over the medals through the intercession of St. Benedict.

The third prayer is a detailed and solemn commemoration of the agony, sufferings and death of Our Lord.

After the blessing, the Medals cannot be sold; otherwise, the blessing is lost. Medals must be bought before they are blessed.

A personal medal, once worn or used by an individual if a St. Benedict medal is given away it loses its blessing and must be blessed again.

POWER AND EFFECTS OF THE MEDAL

Through the St. Benedict medal many thousands of miracles, cures and extraordinary favours have been obtained. The medal is a powerful means:

1. To destroy witchcraft and all other diabolical influences;
2. To keep away the influences of wicked and evil minded persons;
3. To impart protection to persons tempted, deluded, or tormented by evil spirits;
4. To obtain the conversion of sinners into the Catholic Church, especially when they are in danger of death;
5. To serve as an armour against temptation, especially temptations against purity;
6. To destroy the effects of poison;
7. To secure a timely and healthy birth for children;
8. To afford protection against storms and lightning;
9. To serve as an efficacious remedy for bodily afflictions and a means of protection against contagious diseases.

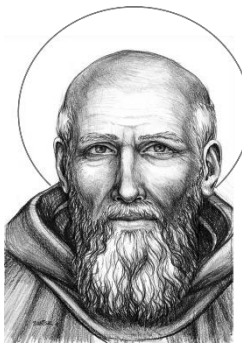
The Medal of St. Benedict has a special power at the hour of one's death.

THE DEVIL CHASING MEDAL

Known as the "Devil chasing medal" for its power against Satan, the letters on the back of the medal represent an ancient exorcism formula of the church.

SAINT BENEDICT

St. Benedict of Nursia (A.D. 480 - 543) is considered to be the Father of Western Monasticism and his "Rule of St. Benedict" has come to be the basis of many religious orders.



Famous for his holiness, St. Benedict made frequent use of the sign of the cross by which he wrought many miracles, especially in his combats against the assaults of Satan. Attempts were made on his life using poisoned bread and wine from which God miraculously delivered him.

St. Benedict is also well known for his holy death, standing up while supported by his monks, praying in the monastery's oratory after having received the sacred Body and Blood of our Saviour Jesus Christ.

THE SAINT BENEDICT MEDAL

The St. Benedict Medal is one of the Catholic Church's oldest and most indulgenced medals.

It was formally approved by Pope Benedict XIV in the year 1741 although it was used well before that date. The Jubilee medal that was struck in the year 1880 in remembrance of the 1400th anniversary of St. Benedict's birth, is the medal shown overleaf.

The purpose of using the medal is to call down God's blessing and protection on us through the intercession of St. Benedict. By its conscious and devout use, it becomes a constant silent prayer. A prayer of exorcism against Satan, a prayer for strength in time of temptation, a prayer for Christian courage that we may reject all evil and take the Cross of Our Lord Jesus Christ as our light and guide.

MEDAL FRONT:

St. Benedict holding a cross in one hand and the book of the Rule in the other.

EIUS IN OBITU NRO PRA SENTIA MUNIAMUR:

Latin for: "May his presence protect us in the Hour of death."

CRUX SANCTI PATRIS BENEDICTI:

Latin for: "The Cross of the Holy Father Benedict."

CHALICE WITH SERPENT:

This image represents the event when a group of monks plotted to murder St. Benedict. They offered him poisoned wine, but when St. Benedict make the sign of the cross over the chalice it shattered.



RAVEN WITH BREAD IN BEAK:

This image represents a second attempt to murder St. Benedict by poisoning his bread. St Benedict commanded the raven to carry it away.

EX S M CASINO MDCCCLXXX:

Latin for: "From the Holy Mount of Cassino, 1880" – Jubilee Medal

MEDAL BACK:

In the centre of the back of the medal, there is the cross of St. Benedict which he used to drive away demons.

On the vertical beam are the following letters: C.S.S.M.L. (Crux Sacra Sit Mihi Lux), which is Latin for: "May the Holy Cross be for me a light."

On the horizontal beam are the letters: N.D.S.M.D (Non Draco Sit Mihi Dux), which is Latin for: "Let not the dragon be my guide."

PAX: Latin for: "Peace."

RIGHT SIDE OF MEDAL:

Encircling the right side of the back of the medal are the letters:

V.R.S.N.S.M.V. (Vade Retro Satana; Numquam Suade Mihi Vana), which is Latin for: "Be gone, Satan! Suggest not to me thy vain things."

LEFT SIDE OF MEDAL:

Encircling the left side of the back of the medal are the letters:

S.M.Q.L.I.V.B. (Sunt Mala Quae Libas; Ipse Venena Bibas), which is Latin for:

The drink you offer is evil; drink that poison yourself."

FOUR LARGE LETTERS AROUND CROSS:

C.P.S.B. (Crux Sancti Partis Benedicti), which is Latin for: "The Cross of the Holy Father Benedict."



ST. BENEDICT MEDAL PRAYER

May the intercession of the Blessed Patriarch and Abbot Benedict render Thee merciful unto us, O Lord, that what our own unworthiness cannot obtain, we may receive through his powerful patronage. Through Christ Our Lord. Amen

(To be said when using the Medal for any pious purpose.)

NOVENA PRAYER TO ST. BENEDICT

O glorious St. Benedict, sublime model of all virtues, pure vessel of God's grace! Behold me, humbly kneeling at thy feet. I implore thy loving heart to pray for me before the throne of God. To thee I have recourse in all the dangers which daily surround me. Shield me against my enemies, inspire me to imitate thee in all things. May thy blessing be with me always, so that I may shun whatever God forbids and avoid the occasions of sin.

Graciously obtain for me from God those favours and graces of which I stand so much in need, in the trials, miseries and afflictions of life. Thy heart was always so full of love, compassion, and mercy towards those who were afflicted or troubled in any way. Thou didst never dismiss without consolation and assistance anyone who had recourse to thee. I therefore invoke thy powerful intercession, in the confident hope that thou wilt hear my prayers and obtain for me the special grace and favour I so earnestly implore (*Name your petition*), if it be for the greater glory of God and the welfare of my soul.

Help me, O great St. Benedict, to live and die as a faithful child of God, to be ever submissive to His holy will, and to attain the eternal happiness of heaven. Amen.

(To be said when requesting a special favour)